



Selection Policy – Singapore University Athletics Team ASEAN University Games 2026

1. Summary of Important Information

Date of Competition:	To be confirmed (between 10 and 19 December 2026)
Date of Travel:	To be confirmed
Eligibility:	1) Singapore Citizen (Singapore Passport Holder) 2) Age between 18 and 27 years old on 31 Dec 2026 (DOB between 1 Jan 1999 to 31 Dec 2008, both dates inclusive) 3) Active student in 2026 or former student with degree conferred in 2025
Games' Website:	https://www.aug2026.my/index.php/en/
Below are the estimated per athlete costs:	
Airfare & insurance:	To be confirmed
Participation & Accreditation:	To be confirmed (<i>est expenses are sport-specific and subject to team requirements.</i>)
Contingent & Team Attire:	SGD200
Others (e.g. Sports Trainer, ITO, misc., etc):	To be confirmed
Coaching:	To be confirmed
Total: Estimated per athlete costs:	To be confirmed (Excluding any subsidies that may be provided by your institution)

2. General Information

- 2.1. The ASEAN University Games 2026 (AUG 2026) will be held in Malaysia from 10 to 19 December 2026.
- 2.2. The Singapore University Sports Council (SUSC) is planning to send an Athletics Team to compete in AUG 2026, subject to athletes' qualification.
- 2.3. The travelling dates for the Athletics Team are to be confirmed (pending competition schedule to be released).
- 2.4. On behalf of SUSC, Singapore Institute of Technology (SIT) will manage the team's coordination, athlete communication, and Games preparation.
- 2.5. Athletes who are interested in standing for selection must submit the registration form to michelle.zhuo@singaporetech.edu.sg through their institution staff advisor **by 10 July 2026.**

3. Eligibility

- 3.1. Only the following may participate as athletes in AUG 2026:

- 3.1.1. Students who are currently officially registered as proceeding towards a degree or diploma at the university or similar institute, the status of which is recognised by the appropriate national/regional academic authority of their country/region;
- 3.1.2. Former students of the institutions mentioned in 3.1.1 who obtained their academic degree or diploma in the calendar year preceding the event.
- 3.2. All athletes must satisfy the following conditions:
 - 3.2.1. Be a Singapore Citizen of the country/region they represent.
 - 3.2.2. Be at least 18 and no older than 27 years of age on the 31 December of the year of the event (i.e., born between 1 Jan 1999 to 31 Dec 2008).
- 3.3. All eligible athletes must agree to bear the full cost of preparation and participation. Any subsidy and funding will be between the athlete and his/her respective institutions.

4. Events

The Athletics Team will be taking part in the following events (*do note that there will be a limited number of entries that each participating country can send per event*):

*Events	Men's Tournament	Women's Tournament
Sprint	100m, 200m, 400m	100m, 200m, 400m
Middle Distance	800m, 1500m	800m, 1500m
Long Distance	3000m Steeplechase, 5000m, 10000m	3000m Steeplechase, 5000m, 10000m
Hurdles	110m, 400m	100m, 400m
Relays	4 x 100m, 4 x 400m	4 x 100m, 4 x 400m
Mix	4 x 100m, 4 x 400m	
Jumps	High, Long, Triple, Pole Vault	High, Long, Triple, Pole Vault
Throws	Discus, Javelin, Shot Put, Hammer	Discus, Javelin, Shot Put, Hammer
Race Walking	20km	10km

**Events are subject to change at the discretion of the ASEAN University Sports Council.*

- 4.1. Each delegation is authorised to enter:
 - 4.1.1. Men's Tournament: A maximum of 34 men competitors.
 - 4.1.2. Women's Tournament: A maximum of 34 women competitors.
 - 4.1.3. Number of team officials shall not exceed 10 people.
 - 4.1.4. Individual Events: Maximum of 2 competitors per event (no reserve).
 - 4.1.5. Relay Events: Maximum of 1 team per event (2 reserves for each relay team)
 - 4.1.6. Each competitor may take part in a maximum of 3 Individual Events and 3 Relay Events.

** Clauses 4 and 4.1 are based on AUG 2024. The list of events and the maximum delegation permitted are subject to confirmation by the AUG 2026 Organising Committee.*

5. Selection of Athletes

5.1. Selection and participation are open only to current and incoming students of SUSC member universities – NTU, NUS, SIM, SIT, SMU, SUSS, SUTD, in compliance with the eligibility criteria outlined in Clause 3. All interested students are required to approach their respective institutions and submit the registration form for the selection trials through their institutions by the stipulated deadline.

5.2. The criteria for athletes who wish to register interest and participate in the selection trials of the AUG Athletics Team are as follows:

5.2.1. Not undergoing any disciplinary proceedings or serving any suspension by Singapore Athletic Association and SUSC member universities.

5.3. Selection details

5.3.1. The top 2 ranked athletes that meet qualifying marks per individual event will be selected.

5.3.2. The athletes' final selection will be based on their best performance obtained from the below seven listed locally sanctioned meets or any international sanctioned events (<https://worldathletics.org/competition/calendar-results>) occurring between January 21 2026, till 23 September 2026.

5.3.3. A three-day appeal window will follow the team announcement in mid-September 2026. To submit an appeal, it is necessary to obtain approval from the University and provide relevant officially endorsed competition results. The team manager will review submissions for consideration before escalating them for SUSC council's approval.

5.3.4. Results from events with wind speed readings must comply with legal wind speed conditions (2.0m/s and below) within the specified period to be eligible for consideration. Institutions are required to submit their athletes' event details and qualifying results for ranking and potential inclusion in the final selection process.

Name of Events	Dates
IVP Track & Field 2026	21 – 25 January 2026
2026 SA All Comers Meet 1	30 January – 1 February 2026
2026 SA All Comers Meet 2	6 – 8 February 2026
2026 SA All Comers Meet 3	6 – 8 March 2026
86 th Singapore Open Track & Field Championships	15 – 17 April 2026
2026 SA All Comers Meet 4	2 – 3 May 2026
Pesta Sukan 2026	25 July – 2 August 2026

5.3.5. Athletes' results must meet the Qualification Marks highlighted in yellow below for consideration.

Mens							
Events	1st Placing	2nd Placing	3rd Placing	4th Placing	5th Placing	6th Placing	AUG2024 number of participants
100m	10.19s	10.37s	10.59s	10.60s	10.67s	10.75s	8
200m	21.15s	21.43s	21.80s	21.83s	21.95s	22.51s	8
400m	47.22s	48.20s	48.66s	48.94s	50.58s	50.62s	8
800m	1:51.28s	1:52.25s	1:53.31s	1:55.73s	1:56.37s	1:56.77s	10
1500m	3:53.02s	3:54.65s	3:54.98s	3:58.72s	3:59.66s	4:04.95s	11
3000mSC	9:13.67s	9:26.94s	9:26.96s	9:42.46s	10:03.26s	10:24.61s	9
5000m	14:44.19s	14:49.15s	14:54.01s	15:41.65s	15:46.47s	15:49.76s	9
10000m	31:01.28s	31:51.56s	31:56.91s	32:18.06s	33:53.84s	34:45.88s	7
110mH	13.94s	14.09s	14.85s	14.96s			4
400mH	52.98s	55.29s	56.33s	56.68s	57.69s		5
4x100m	40.10s	40.75s	40.93s	41.96s			4
4x400m	3:13.94s	3:21.02s	3:33.61s				4
High Jump	2.10m	2.05m	2.05m	2.05m	2.05m	2.00m	7
Pole Vault	5.34m	5.15m	5.00m				3
Long Jump	7.46m	7.42m	7.23m	7.22m	7.20m	7.12m	8
Triple Jump	15.95m	15.60m	15.45m	15.21m	15.13m	14.56m	7
Discus	49.46m	45.66m	42.46m	39.56m	33.15m		5
Hammer Throw	59.18m	47.48m	45.75m	44.48m			4
Javelin Throw	59.98m	59.71m	59.64m	58.66m	58.52m	57.86m	10
Shot Put	17.01m	15.68m	15.58m				3
20KM Race Walk	1:39:23	1:39:23	1:41:05	1:47:11	1:54:57		5

Womens							
Events	1st Placing	2nd Placing	3rd Placing	4th Placing	5th Placing	6th Placing	AUG2024 number of participants
100m	11.83s	11.90s	11.90s	12.15s	12.15s	12.18s	8
200m	24.00s	24.16s	25.26s	25.46s	26.78s	27.78s	7
400m	53.71s	55.09s	56.51s	56.63s	1:03.07s		5
800m	2:10.00s	2:10.18s	2:13.28s	2:17.72s			4
1500m	4:35.88s	4:36.20s	4:39.66s	4:44.43s	5:34.33s	7:00.49s	6
3000mSC	10:35.07s	11:23.34s	12:35.08s				3
5000m	17:27.32s	17:30.58s	17:48.77s	19:05.11s	20:21.95s	20:43.31s	8
10000m	36:07.99s	38:13.84s	40:39.25s	43:16.36s			4
100mH	13.27s	13.75s	15.29s	15.46s			4
400mH	1:00.99s	1:01.90s	1:05.89s	1:10.97s			4
4x100m	45.34s	45.55s	47.13s				3
4x400m	3:46.35s	3:58.02s	4:14.45s				3
High Jump	1.70m	1.65m	1.60m	1.45m			4
Pole Vault	4.17m	3.90m	3.70m				3
Long Jump	6.14m	6.00m	5.89m	5.87m	5.82m	5.78m	7
Triple Jump	13.44m	13.08m	12.61m	12.60m	12.56m	12.35m	6
Discus	45.23m	43.14m	42.47m	40.39m	33.44m		5
Hammer Throw	52.26m	48.93m	46.20m				4
Javelin Throw	46.23m	42.61m	23.95m	22.35m	21.29m		5
Shot Put	15.20m	12.48m	11.69m	10.34m			4
10KM Race Walk	53:55	54:06	54:23	1:01:25	1:01:46	1:01:58	6

Notes:

- Qualifying for AUG 2026 is based on AUG 2024 results.
- Qualifying marks (QM) are highlighted in yellow.
- QM are set based on the number of participants who participated in each event.
- If there were more than 6 participants, the final top 6th rank position results would be set.
- If there were only 6 participants, the 5th rank position results would be set.
- If there were only 5 participants, the 4th rank position results would be set.
- If there were 4 or 3 participants, the 3rd rank position results would be set.
- The QM for the 4x100m and 4x400m relay team will be based on athletes who meet QM for the 100m, 200m, and 400m event.
- The 2 best athletes that meet QM for each event will be selected.
- No extrapolation of results will be accepted.
- No road race results will be accepted for the 1500m, 5000m and 10000m event.
- Performances achieved in mixed competitions in track events will not be accepted.
- Top 2 athletes qualified for the 100m and 400m will be selected for individual event and the rest will form the relay team should there be 4-6 runners who qualify for the same event.

- If there are more than 2 athletes who meet the qualifying performance criteria for a particular event AND there is a tie, the 2nd best performance attained will be selected.
- Appeal cases may be considered for 1st in tertiary and within 2% of entry standard or 1st in Singapore Open meets.
- The starting list for the relay runners will be managed by the appointed relay coach for AUG 2026.
- The AUG TM reserved the rights to register the relay team representing Singapore for AUG 2026.
- All qualification attempts are to comply with [World Athletics shoe regulations](#).

6. Athletes' Obligations

- 6.1. Selected athletes must fully comply with SUSC and AUG rules, regulations and policies.
- 6.2. Selected athletes must fully comply with all anti-doping regulations. Athletes who require Therapeutic Use Exemption (TUE) have the duty to obtain one at least three months before the commencement of competition. Conduct themselves professionally as representatives of Singapore University Sports.
- 6.3. Selected athletes must maintain a level of fitness and performance consistent with the requirements of being a national representative.
- 6.4. Upon qualification, athletes must continue to show commitment towards preparing for AUG 2026, including all organised training sessions. Failure to do so may result in being dropped from the team.

7. Cost and Funding

- 7.1. The participation cost per athlete will be shared at a later date. The cost will include accreditation fee, participation fee, travel expenses, insurance, attire, coaching, and others.
- 7.2. Selected athletes and/or the athletes' institution shall bear full cost of participating in AUG 2026, as well as the preparations leading up to it.
- 7.3. Athletes should check with their respective institutions with regards to subsidies, without which, the selected athlete is required to bear the full cost.
- 7.4. Selection does not constitute funding approval. Funding support varies across universities, and selected athletes should check directly with their respective university on available subsidies or support.